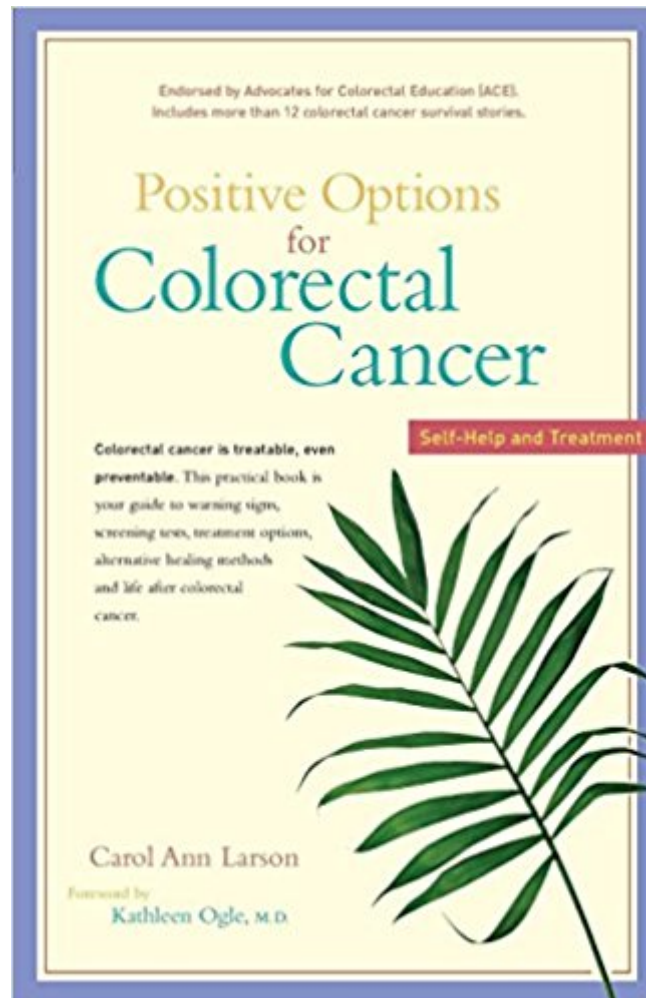




The book was found

# Positive Options For Colorectal Cancer: Self-Help And Treatment



## Synopsis

Did you know:\* Approximately 80-90 million Americans are considered at risk for developing colorectal cancer\* More than 147,000 new cases of colorectal cancer will be diagnosed this year in the US.\* Colorectal cancer is the second leading cancer killer of adults in America, and the 4th most commonly diagnosed cancer\* Although the majority of people diagnosed with colorectal cancer are over 50, it can strike people of any age, any raceWritten by one of the founding members of Advocates for Colorectal Education, (ACE), this book contains everything you need to know about this disease. The book is clearly written and focuses on practical considerations for the patient. Each chapter concludes with a list of patient suggestions and reminders. Chapter 3 has a Q&A section from doctors about every aspect of this disease.The book includes information on\* Prevention techniques & warning signs\* Screening tests, including the latest information on virtual colonoscopy\* Myths and misinformation\* Finding a good doctor and how to talk with a doctor\* The importance of a positive outlook and positive actions\* Finding support\* Treatment options: surgery, chemotherapy, radiation\* Alternative methods of healing\* Learning to live with an ostomy\* Life after colorectal cancer\* Resources for the colorectal cancer patient

## Book Information

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## Customer Reviews

CAROL ANN LARSON, educator and newspaper columnist, gives presentations about colorectal cancer through the Advocates for Colorectal Education (ACE.) She is a board member and edits the newsletter for ACE, and is President-elect of the Minneapolis Chapter of the United Ostomy Association. *WHEN THE TRIP CHANGES*, a book about her experiences with colorectal cancer, was Carol Larson's first book. She lives in Minnetonka, Minnesota.KATHLEEN OGLE, MD, author

of the Foreword, is the medical oncologist at Hennepin County Medical Center in Minneapolis, Minnesota. She lives in Minneapolis.

i was really glad to find this book for my friend with colorectal cancer...i recieved this before she had surgery and it was able to help her through this time...it also prepared her for the things to come..a really big help for her and me

Well written, easy to read and inspiring. Without getting into deep medical details (there are other fine books for that), it gives you valuable information and suggestions. I got this because my mother has a CII colon cancer (already operated and on chemo) and helped me quickly gain a good insight, so I can better support her (she can't read English, otherwise I would give it to her as a valuable present).

Colorectal cancers develop slowly in the lower portions of the digestive tract. More than 140,000 new cases are diagnosed annual in the United States. Men and Women are equally at risk for the diseases. Positive Options For Colorectal Cancer: Self-Help And Treatment by colorectal cancer survivor Carol Ann Larson accessibly and understandably explains just how to cope with the disease and obtain the best treatments that modern medicine has to offer. Positive Options For Colorectal Cancer addresses the warning signs of the condition; screening tests (including information on virtual colonoscopy); myths and other misinformation about the disease; treatment options (including surgery, chemotherapy, and radiation); communicating with doctors and other medical professionals; prevention techniques and alternative methods of healing; as well as finding support and utilizing all available resources. Of special note are the Q&As in which doctors respond to the most common questions of colorectal cancer patients. Very strongly recommended for personal and community library reference collections, Positive Options For Colorectal Cancer should be considered "must" reading for anyone having to deal with this disease.

Carol Larson's book is an excellent guidebook for a patient facing colorectal cancer. Instead of feeling helpless and awash in a sea of uncertainty when dealing with colorectal cancer, the book clearly guides the patient to identify the positive options available. The format of the book is excellent. Each chapter ends with a summary of the chapter and provides techniques, direction and information about the topic of the chapter. It is flush with many human interest stories. The many colorectal patients who contribute to the various chapters in the book provide encouragment with

their advice and reflections while helping the patient to cope. Their personal reflections are reassuring. The book provides a clear description written with sensitivity to each of the factors of colorectal cancer: testing options, understanding the diagnosis, considering decisions about medical treatment, and other challenges. This book is clearly a guidebook for an uncharted journey. Yet, it is written in such a way to empower the patient. I recommend this book for anyone who has been diagnosed with colorectal cancer and their loved ones. It's a helpful tool.

Carol Larson's book, "Positive Options for Colorectal Cancer" has a unique blend of education as well as human interest stories. She has truly captured the emotion as people are dealing with the scary news of a cancer diagnosis, yet shows the positive ways they turned to cope with their diseases. This book should be a must read for all those in the medical field as well as families of loved ones in the struggle. It's easy to read and simple to understand. The illustrations help too.

I have been in the health care field for twenty-five years, and I have never read a more readable book about one of the most important health issues of the day, colorectal cancer, and the vital importance of the early detection of it. This is a must-have for anyone in the field, containing actual case histories of countless people. Robin Ray Robbins

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